



BASE CAMP TREAT YOURSELF PACKAGE

Run & Hike/Bike Tour & Pottery Workshop & ARP therapy

Price for two persons for two nights: **198 EUR**

Includes:

accommodation in double room (with balcony and mountain view)
self-service breakfast
one-hour pottery workshop*1
2x15 min. MyARP* treatment*2
free Wi-Fi
free parking
guided run: shorter (6 km), longer (12 km) or mountain run (6 km)
maps&instructions for self-guided mountain hike: shorter (3-5 hrs) or longer (5-7 hrs)
maps&instructions for self-guided bike tour (with your own or rented bike)

Optional (surcharge):

additional MyARP* treatment
guided mountain hike: shorter (3-5 hrs) or longer (5-7 hrs)
shuttle service
laundry service

Discounts & extras:

discount for stay, longer than 3 days
discount for children (in room with adult)
tourist tax 2,00 EUR and children 6-18 years 1,00 EUR per night

VAT included. Price is valid for minimum 2-night stay.

*1: Pottery workshop is held by renowned and awarded potter Barbara S. Podlesnik.

*MyARP system is ideal for muscle loosening and recovery and exploits neural facilitation to significantly accelerate body's natural recovery and performance ability. In Base Camp it's used via revolutionary portable Personal Recovery System – a powered muscle stimulator producing electrical impulses through user electrodes. Use of MyARP before or/and after sport practices or other physical activity increases effectiveness of absorbing, as well as creating more force. It results in injury prevention, reduced fatigue and better performance. It generates instant recovery without soreness and pain.